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Epsom Old Home Day 4-Miler

Epsom, NH, August 12, 2012

[[Age Group Winners](#) | [NH Grand Prix Teams](#) | [NH Grand Prix Individuals](#)]

Overall Results

Searchable and Age Graded Results

Overall Results

Place	Num	Name	S	Ag	Hometown	Club	Time
1	19	Dave Dunham	M	48	Bradford MA	GCS	22:16
2	116	Jason Bender	M	18	Amherst NH	GCS	23:01
3	124	Joe Morasse	M	32	Nashua NH	GCS	23:08
4	111	Justin Soucy	M	31	Hudson NH	GCS	23:19
5	33	Geoff Dunbar	M	41	Hanover NH	UVRC	23:42
6	60	Mike Giberti	M	20	Bridgewater MA	GDTC	23:58
7	59	Michael Fraysse	M	40	Derry NH	GDTC	24:00
8	118	Tyler Brannen	M	40	Nashua NH	GCS	24:15
9	81	Tom Varick	M	48	Litchfield NH	GDTC	24:21
10	10	Charlie Bemis	M	49	Derry NH	GDTC	24:31
11	82	Tristan Smith	M	18	Marlow NH	UVRC	24:40
12	99	John Tuttle	M	55	Alton NH	RR	24:52
13	134	Rich Bernard	M	33	Hampton NH	GDTC	24:55
14	17	Daniel Button	M	25	Epsom NH		24:58
15	133	Amy Bernard	F	34	Hampton NH	GDTC	25:11
16	66	Perry Seagroves	M	59	Concord NH	GSRT	26:11
17	131	Kim Sheffield	F	46	Epsom NH	UVRC	26:11
18	45	Jonathan Alizio	M	35	Chester NH	GDTC	26:28
19	44	John McGarry	M	45	Windham NH	GDTC	26:29
20	32	Gabriel Roxby	M	28	Northwood NH		26:32
21	143	Ken Snow	M	56	Nashua NH	GCS	26:37
22	139	Ryan Wessels	M	19	Epsom NH		26:54
23	138	William Alizio	M	32	Brighton MA	GDTC	26:55
24	151	Matt Wolfe	M	43	Pittsfield NH		27:09
25	63	Nancy Dunbar	F	40	Hanover NH	UVRC	27:09
26	114	Jim Velino	M	52	Amherst NH	GCS	27:23
27	148	Don Foley	M	45	Alton Bay NH		27:25
28	26	Edward Burknshaw	M	50	Clinton MA	GDTC	27:28
29	91	Bob Dolan	M	51	Manchester NH	GDTC	27:29
30	135	Dana Breeden	M	25	Derry NH	GDTC	27:32
31	47	Julia Martinage	F	50	Hampstead NH	GDTC	27:36
32	119	Michael Robichaud	M	44	Sandown NH	GDTC	27:50
33	40	Jim Peters	M	56	Derry NH	GDTC	27:52
34	80	Tim Bonisteel	M	34	Epsom NH		27:55
35	13	Colum Creed	M	53	Londonderry NH	GDTC	28:02
36	67	Peter Parlock	M	26	Farmington NH	RR	28:13
37	122	Henrik Ramberg	M	29	Manchester NH	GDTC	28:15
38	140	Rich Blake	M	43	Tyngsboro MA	GCS	28:16
39	132	Ken Houle	M	65	Milton NH	RR	28:20

40	74 Sean Coyle	M 49 Salem NH	GDTC	28:21
41	24 Diane Bishop	F 47 Northwood NH		28:37
42	120 Richard Hartford	M 43 Northwood NH		28:42
43	22 David Salois	M 44 Sandown NH	GDTC	28:44
44	18 Daren Boucher	M 43 Amherst NH	GCS	28:44
45	141 Christopher Bahr	M 20 Pittsfield NH		29:08
46	54 Lynn-Marie Fawcett	F 56 Chester NH	GDTC	29:10
47	12 Colette Silvis	F 32 Latrobe PA		29:21
48	109 Mike Lacasse	M 54 Bow NH	GSRT	29:39
49	38 Jessica Goldman	F 39 Rochester NH		29:47
50	107 Everett McBride	M 57 Salem NH	GDTC	29:58

Overall Results

Place	Num	Name	S	Ag	Hometown	Club	Time
51	126	Nancy Peabody	F	52	Londonderry NH	GDTC	30:01
52	155	Lauren Baugher	F	38	Waltham MA		30:13
53	158	Rob Barry	M	37	Londonderry NH	GDTC	30:15
54	49	Kiyoshi Imai	M	54	Lee NH		30:20
55	101	Andy Winter	M	50	Hampton NH	GDTC	30:26
56	110	Mike Dubois	M	62	Milton NH	RR	30:29
57	55	Mark Lutter	M	51	Hudson NH	GDTC	30:31
58	65	Neal Miller-Grant	M	52	Wilton NH	GCS	30:32
59	68	Rachel Gallant	F	45	Epsom NH		30:35
60	121	Ron Chevette	M	48	Hooksett NH	AARC	30:37
61	1	Tom Raffio	M	55	Bow NH		30:44
62	42	Joe Carroll	M	63	Londonderry NH	GDTC	30:46
63	117	Melissa Wu	F	46	Nashua NH	GCS	30:51
64	125	Mark Peabody	M	52	Londonderry NH	GDTC	30:55
65	97	Paul Sorenson	M	57	Manchester NH		31:05
66	57	Michael Gallant	M	52	Epsom NH		31:06
67	23	Dennis O'Brien	M	16	Epsom NH		31:12
68	112	Emily Soucy	F	30	Hudson NH	GCS	31:22
69	9	Catie Tirrell	F	29	Concord NH	GSRT	31:28
70	73	Sal Puleo	M	41	Concord NH		31:28
71	20	Dave Giberti	M	51	Derry NH	GDTC	31:38
72	43	John Pate	M	58	Grantham NH	UVRC	31:41
73	94	Judi Lemaire	F	60	Wolfeboro NH	RR	32:01
74	8	Brennan Holmes	M	34	Chester NH	GDTC	32:27
75	113	Rory Fawcett	F	20	Chester NH	GDTC	32:43
76	11	Chris Girouard	M	39	Epsom NH		32:46
77	79	Thomas Langan	M	46	Kingston NH	GDTC	33:04
78	145	Gregory Carson	M	51	Londonderry NH		33:07
79	86	Susan Broadwater	F	52	Bedford NH	GDTC	33:15
80	41	Jodi Cornell	F	30	Deerfield NH		33:28
81	129	Ed MacLeod	M	70	Bradford NH		33:38
82	144	David Smith	M	48	Marlow NH	CAA	33:43
83	136	Theresa Ruppert	F	51	Concord NH		34:01
84	21	David Audet	M	47	Concord NH		34:02
85	35	Jason Lucier	M	36	Epsom NH		34:05
86	51	Lisa Reilly	F	44	Nashua NH	GCS	34:07
87	50	Linda Lutter	F	59	Hudson NH	GDTC	34:23
88	153	Christine Sorenson	F	37	Farmington NH	RR	34:28
89	36	Jean Manning	F	49	Derry NH	GDTC	35:31
90	150	Colby Wolfe	M	11	Pittsfield NH		35:53
91	14	Courtney Marshall	M	61	Grantham NH	UVRC	36:01
92	31	Fritz Renkert	M	33	Loudon NH		36:17
93	142	David Lambert	M	48	Lisbon NH		36:30
94	123	Samuel Moore Sr	M	26	Chichester NH		36:32
95	85	Patti Bernier	F	48	Epsom NH		36:40

96	64 Nancy Deangelis	F 41 Manchester NH		36:57
97	127 Mike Andrews	M 57 Rochester NH	RR	37:13
98	105 Lucien Trudeau	M 71 Manchester MH	AARC	37:14
99	154 Robin Davis	F 43 Epsom NH		38:11
100	115 Debbie Bender	F 56 Amherst NH	GCS	38:32

Overall Results

Place	Num	Name	S	Ag	Hometown	Club	Time
101	4	Bill Leonard	M	46	Brookfield NH	RR	38:34
102	7	Brenda Coyle	F	46	Salem NH	GDTC	38:45
103	78	Stacie Girouard	F	33	Epsom NH		38:52
104	83	William Manning	M	69	Derry NH	GDTC	38:56
105	147	Ryan Warner	M	13	Epsom NH		39:09
106	102	Wendy Yeaton	F	49	Epsom NH	RR	39:11
107	2	Alexis Girouard	F	12	Epsom NH		39:14
108	52	Lori Langan	F	43	Kingston NH	GDTC	39:25
109	95	Tom Littlefield	M	66	N. Berwick ME	RR	39:56
110	53	Lyndsay Moulton	F	32	New London NH		39:59
111	75	Shannon Lucier	F	35	Epsom NH		40:05
112	25	Dylan O'Brien	M	15	Epsom NH		40:35
113	70	Regan Coyle	F	16	Salem NH	GDTC	40:45
114	98	Rose Tejada	F	53	Derry NH	GDTC	41:08
115	100	Mary Ulinski	F	67	Dover NH	RR	41:31
116	37	Jennifer Abbott	F	38	Allenstown NH		41:32
117	108	Jeffrey Foss	M	39	Loudon NH		42:16
118	62	Monique Fraktman	F	45	Newburyport MA		42:20
119	106	Robert Randall	M	75	Springvale ME	RR	42:30
120	15	Dana Bishop	M	49	Northwood NH		42:34
121	92	Janet Glazier	F	62	Dover NH	RR	42:35
122	104	Roger Gosselin	M	72	Manchester NH		42:50
123	48	Kara Reynolds	F	27	Northwood NH		43:12
124	5	Bonney Cashin	F	60	Derry NH	GDTC	43:52
125	27	Eldon Burkshaw	M	73	Londonderry NH	GDTC	44:06
126	130	Cliff Parkinson	M	64	Barrington NH	RR	44:07
127	28	Elissa Bellerose	F	35	Nottingham NH		44:20
128	6	Brad Wingate	M	52	Rochester NH		44:22
129	96	Barry Neill	M	58	Derry NH	GDTC	44:24
130	71	Richard Satter	M	72	Bedford NH	AARC	44:53
131	93	Dick Kuhl	M	77	Bedford NH	AARC	44:58
132	77	Sheryl Gauthier	F	51	Gilford NH		45:26
133	152	Donna Damon	F	38	Epsom NH		45:59
134	88	Emily Carignan	F	13	Epsom NH		48:41
135	149	Nicole Cotnoir	F	38	Epsom NH		48:43
136	146	Cerina Yeaton	F	43	Epsom NH		48:49
137	16	Daniel Dodson	M	67	Newton NH		48:53
138	90	Frank Davis	M	75	Pembroke NH		49:23
139	34	Jack Lucier	M	10	Epsom NH		52:16
140	87	Lou Peters	M	87	Methuen MA		53:01
141	137	Diane Breeden	F	56	Derry NH	GDTC	54:30
142	76	Sharon Wingate	F	56	Rochester NH		1:01:21